



Providers  
Clinical Support  
System

# Medications for Opioid Use Disorder in Jails, Prisons, and Reentry: Evidence and Practical Approaches

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# Housekeeping

- This event is brought to you by the Providers Clinical Support System – Medications for Opioid Use Disorders (PCSS-MOUD), a program funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). Content and discussions during this event are prohibited from promoting or selling products or services that serve professional or financial interests of any kind.
- PCSS-MOUD aims to increase the knowledge and skills of healthcare and counseling professionals about available evidence-based treatment approaches for substance use disorder (SUD) with a particular focus on opioid use disorder (OUD). PCSS-MOUD provides free training and mentoring to practitioners on the use of medications for OUD (MOUD) and the integration of these services into mainstream health care.

# Educational Objectives

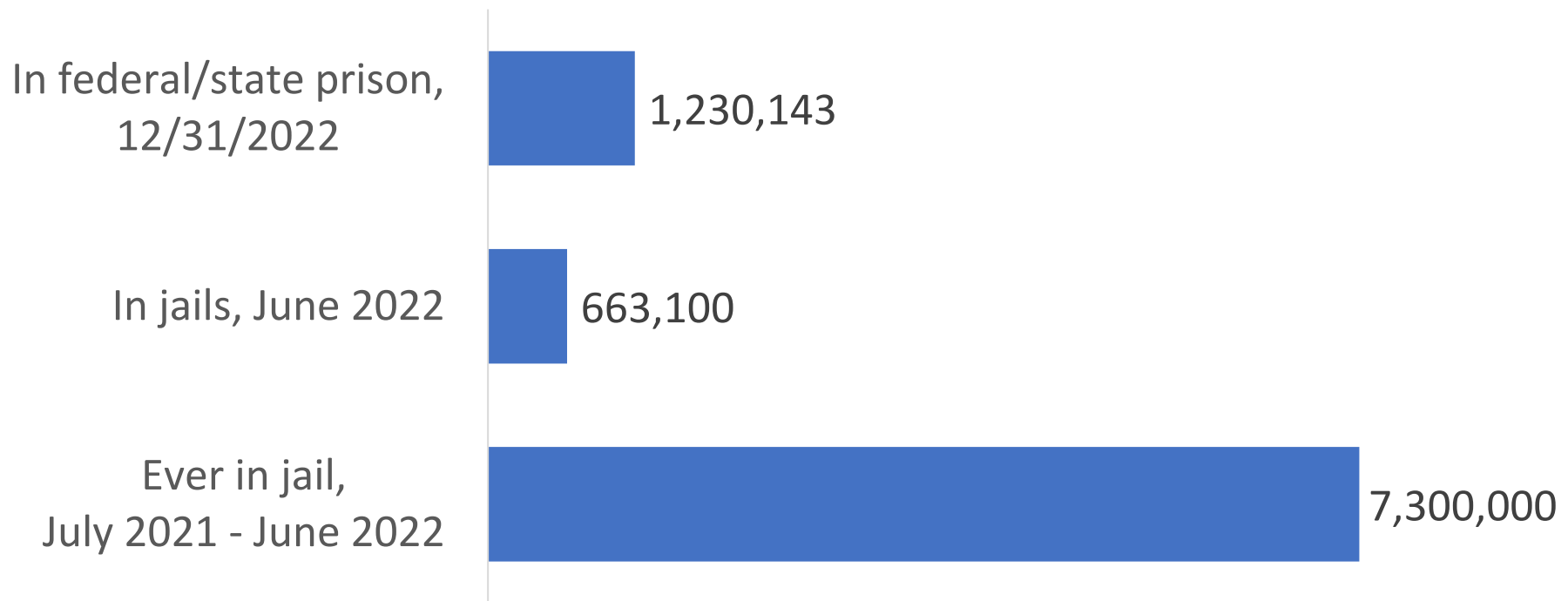
- At the conclusion of this activity participants should be able to:
  - **Describe** prevalence of opioid use disorder and overdose risk in justice-involved populations;
  - **Summarize** evidence on outcomes of Medications for Opioid Use Disorder provided in jails and prisons;
  - **Compare** and contrast methadone, buprenorphine, and extended-release naltrexone in correctional settings;
  - **Outline** key legal and policy frameworks that impact Medications for Opioid Use Disorder access and implementation;
  - **Identify** implementation strategies for providing Medications for Opioid Use Disorder in correctional settings and linking patients to treatment post-release.

# Terminology

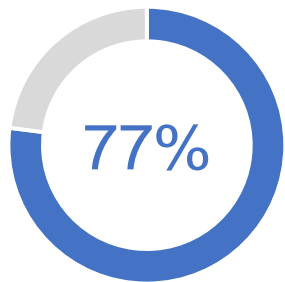
The following acronyms will be used throughout this presentation. Familiarity with these terms will support understanding of key concepts.

Acronym	Stands For
<b>CLS</b>	Criminal Legal System
<b>CMS</b>	Centers for Medicare & Medicaid Services
<b>MOUD</b>	Medications for Opioid Use Disorder
<b>OAT</b>	Opioid Agonist Therapy
<b>OD</b>	Opioid Use Disorder
<b>OTP</b>	Opioid Treatment Program
<b>RCT</b>	Randomized Controlled Trial
<b>SL</b>	Sublingual (under the tongue)
<b>XR</b>	Extended-release formulation (e.g., long-acting injection or implant used in MOUD treatment)

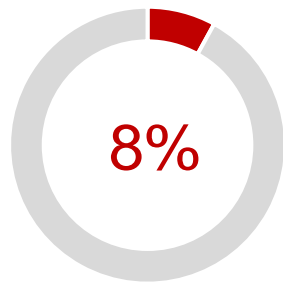
# Jail (short term) and Prison (1+ year) Populations



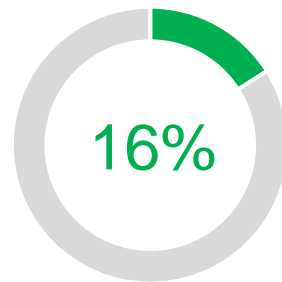
# OUD Prevalence Among Justice-Involved



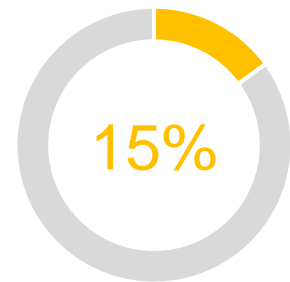
Past-year CLS  
involvement  
among heroin  
users



Heroin use in  
30 days before  
arrest



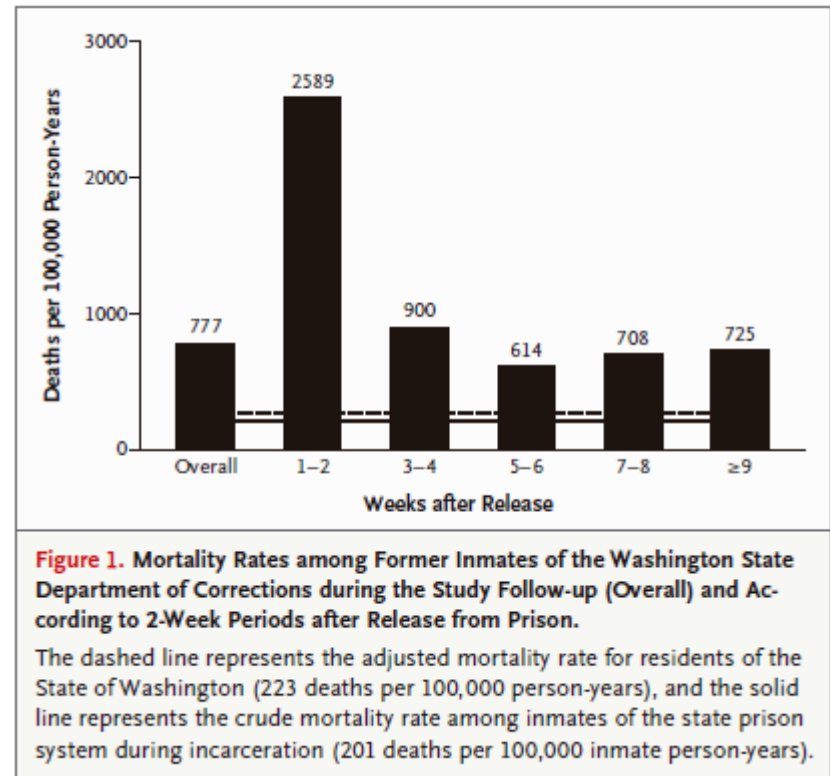
Rx drug use in  
30 days before  
arrest



OUD diagnosis  
among  
incarcerated

# Post-Release Overdose Risk

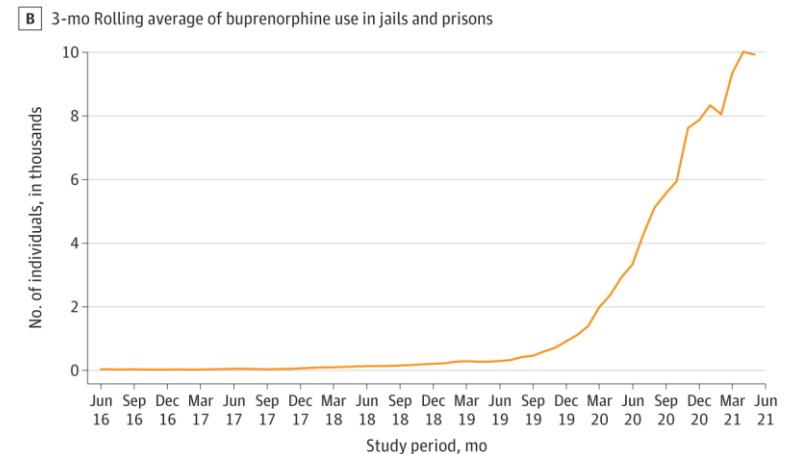
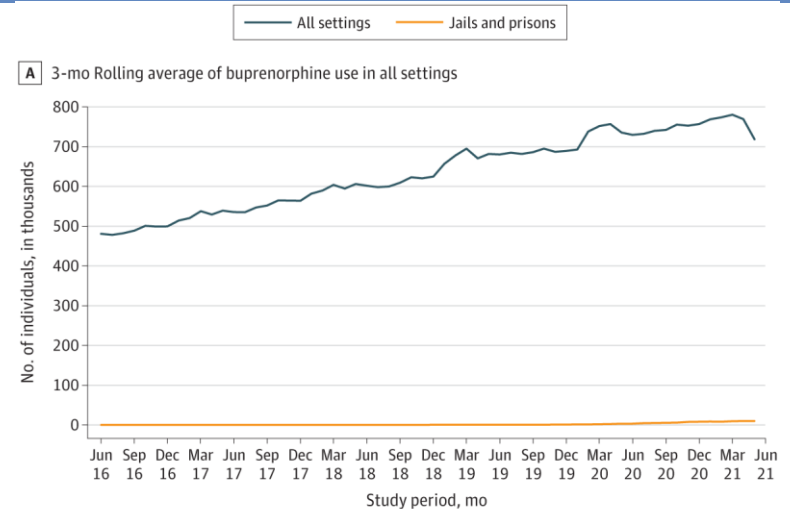
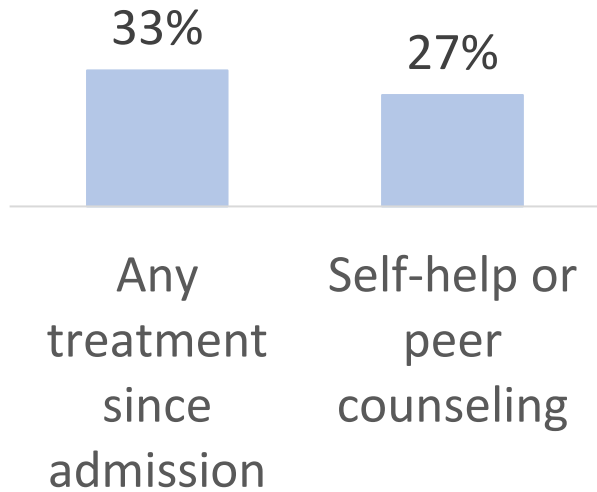
- 30x risk of fatal overdose in first 2 weeks vs. general population
- Risk remains high over time: ~16x higher in year after release
- Heightened risk due to fentanyl
- As many as half of overdose deaths among CLS-involved





# OUD Treatment in CLS

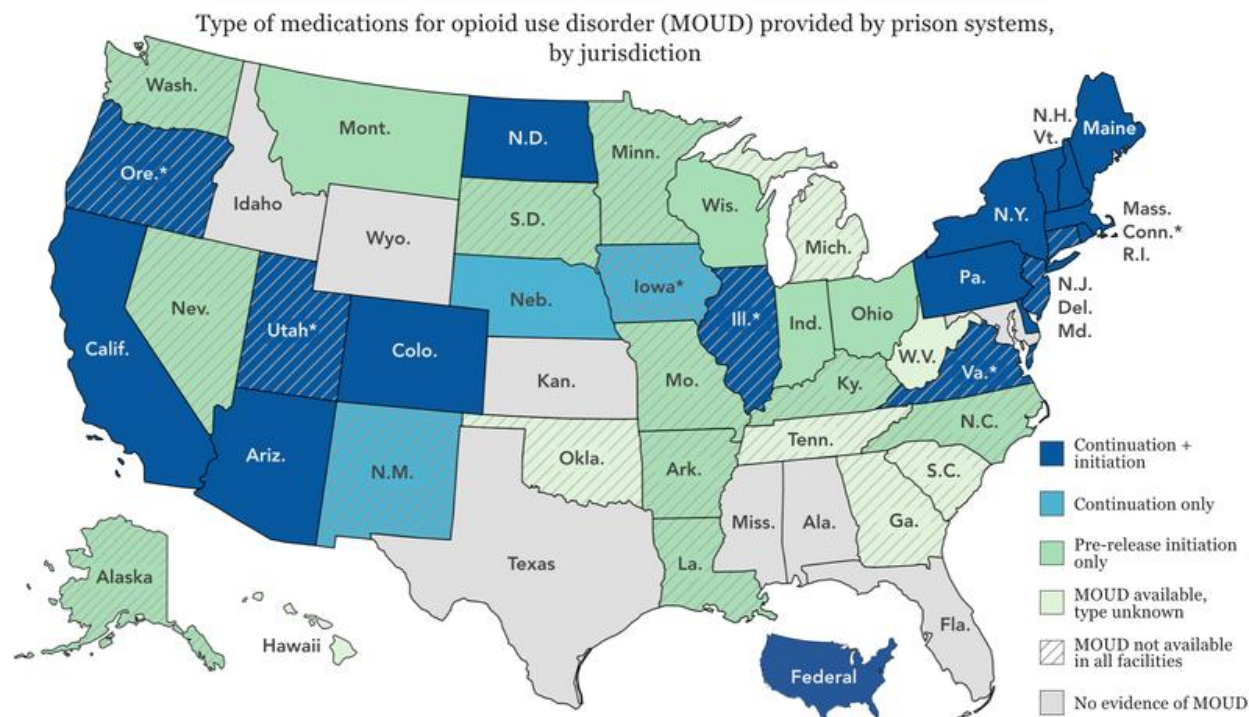
## SUD treatment among state prisoners with SUD



# MOUD Availability in Prisons

- State prison systems vary in:
  - Medications
  - Populations
  - When prescribed
- Few states offer all 3 medications to any individual with clinical need

Access to the "gold standard" treatment for opioid use disorder depends on where you are incarcerated

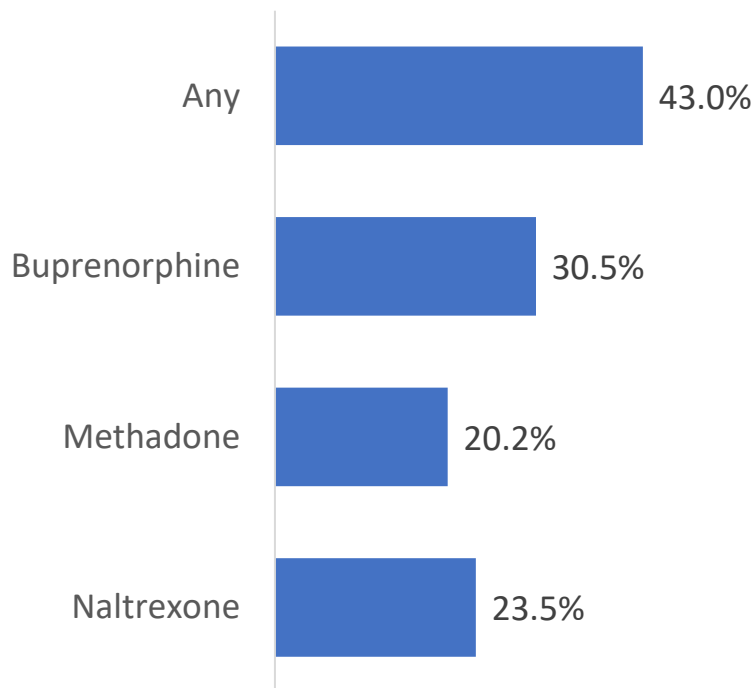


\*Iowa will only continue MOUD (methadone) for pregnant people admitted while actively receiving MOUD. Illinois initiates MOUD at women's facilities. Connecticut, Oregon, Utah, and Virginia offer initiation of MOUD only in the weeks before release. For data and sourcing, see [https://www.prisonpolicy.org/blog/2025/03/05/CANY\\_MOUD\\_report](https://www.prisonpolicy.org/blog/2025/03/05/CANY_MOUD_report).

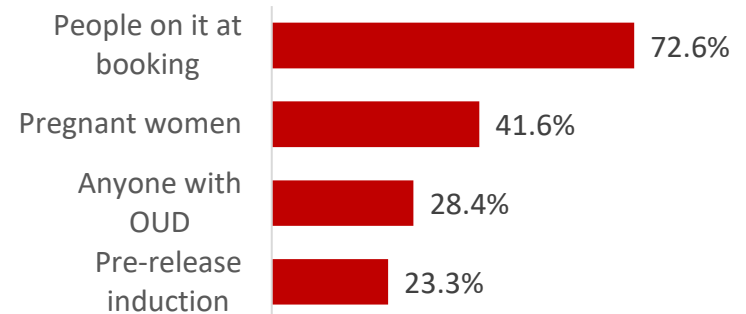
# MOUD Availability in Jails

From a 2022-2023 survey of 1,028 U.S. Jails:

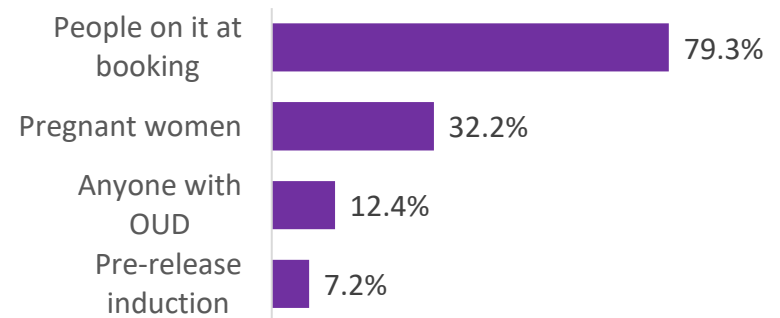
## MOUD Availability



## Who is **buprenorphine** available to?



## Who is **methadone** available to?



# Legal and Policy Context Supporting CLS MOUD expansion

## **Litigation**

- Courts have ruled that blanket denials of MOUD can violate the Americans with Disabilities Act and the 8<sup>th</sup> Amendment
- Correctional systems changing policy to avoid litigation

## **Extension of COVID-era treatment flexibilities**

- Telehealth (c.f. CMS G-codes for tele-MOUD, in-person exams waived)
- Methadone extended take-homes (e.g., 14 and 28 days)

## **Ethics**

- Carceral policies prohibiting MOUD may violate providers ethical mandate to “do no harm” and principles of autonomy, beneficence, and justice

## **Broad support among professional associations**

- National Commission on Correctional Health Care (NCCHC)
- American Society of Addiction Medicine (ASAM)

# ASAM and NCCHC Position Statements

- **All correctional settings** should provide access to MOUD either on site or through transport.
- Universal OUD and SUD screening and assessment using validated tools.
- Continuation of MOUD for those individuals being treated before incarceration.
- Offer MOUD to incoming detained with untreated OUD or withdrawal symptoms, as clinically indicated, based on patient preferences.
- Establish community-correctional partnerships to facilitate pre-release outpatient provider visits and coordinate care.
- Offer counseling, case management, peer support.

ASAM Statement: <https://www.asam.org/advocacy/public-policy-statements/details/public-policy-statements/2025/01/24/treatment-of-opioid-use-disorder-in-correctional-settings>

NCCHC Statement: <https://www.ncchc.org/position-statements/opioid-use-disorder-treatment-in-correctional-settings-2021/>

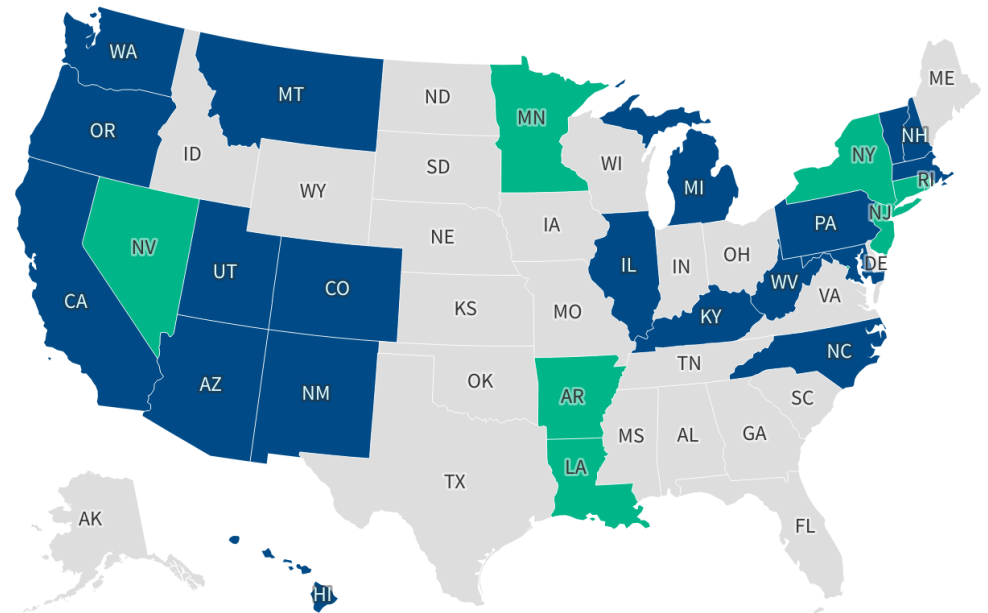
# Medicaid Policies

- The **Medicaid Inmate Exclusion Policy (MIEP)** prohibits Medicaid coverage during incarceration
- Starting in 2026, states must **suspend** rather than **terminate** Medicaid during incarceration
  - \$113 million in grants
- As of 2025, MIEP waived for youth in 30 days before release
- 1115 re-entry waivers
  - 19 states approved
  - 9 states (+DC) pending
  - Min. benefits: re-entry case management, MOUD, 30-day med supply at release
- Medicaid Reentry Act?

## Section 1115 Waivers: Medicaid Pre-release Coverage for Individuals Who Are Incarcerated

as of March 14, 2025

■ Approved (19 states) ■ Pending (9 states including DC)



Note: For more information, see KFF's Medicaid Waiver Tracker ("Eligibility Changes" table) and related pre-release waiver watch (August 2024).

Source: KFF analysis of state Section 1115 Medicaid waivers posted to Medicaid.gov

# Pre-Release MOUD and Post-Release Outcomes

## **Moore et al. (2019) systematic review and meta-analysis:**

- **Community MOUD receipt:** 5 RCTs and 2 observational studies found MOUD during incarceration increased odds of post-release treatment engagement.
- **Opioid use:** Pre-release methadone associated with reduced post-release opioid use in 4 RCTs and 4 observational studies. Results were less consistent for buprenorphine and naltrexone.
- **Recidivism:** mixed results, but recidivism has significant limitations as an outcome measure.
- **Injection drug use:** 3 RCTs found a reduction associated with methadone.

**\*This is a highly active research area given the rapid expansion of MOUD programs in the criminal-legal system**

# Recent Evidence on Overdose Reduction

Overdose is difficult to assess in RCTs due to the small sample sizes and relatively low occurrence. However, recent observational studies have found evidence of a reduction in overdose risk associated with pre-release MOUD:

- **Cherian et al. 2024:** MOUD associated with lower nonfatal overdose risk within 14 days after release (HR = 0.49, 95% CI = 0.33 – 0.74), but no association with later periods up to a year.
- **Lim et al. 2023:** MOUD associated with 80% lower risk of overdose death in month after release (HR=0.20, 95% CI = 0.08 – 0.46).
- **Klemperer et al. 2023** and **Green et al. 2018:** decrease in population-level opioid overdose after implementing MOUD in statewide correctional systems (VT and RI, respectively).



# Background Recap

- High prevalence of OUD among incarcerated people (~15-20%)
- Heightened overdose risk after release (>30x higher than gen. pop.)
- OUD undertreated in CLS settings (33% any treatment, ~15% MOUD)
- Few jails and prisons provide comprehensive MOUD comparable to availability in the community
- Court decisions, policy changes, and professional associations support expansion of MOUD in CLS
- Evidence to-date indicates that pre-release MOUD increases post-release treatment engagement and reduces opioid use and overdose.

# Methadone

Full agonist, typically provided as a liquid with daily dosing

Pros	Cons
Highly effective in reducing withdrawal/cravings	Highly regulated; typically requires licensed OTP
Liquid form less subject to diversion	Daily supervised dosing needed
Long history, robust data	Possible stigma or security concerns

# Oral (i.e., Sublingual) Buprenorphine

Partial agonist, available as sublingual film or tablet

Pros	Cons
Effective withdrawal/craving suppression	Diversion concerns if unsupervised
Lower overdose risk vs. full methadone	Daily dosing can be logistically complex
Easier prescribing (no OTP)	May carry stigma

# XR-Buprenorphine

Partial agonist, available as weekly or monthly injection formulations

Pros	Cons
Eliminates logistical challenges of daily dosing	Much higher medication cost
Negates diversion concerns	Requires initial induction on sublingual buprenorphine*
Potentially higher post-release retention	Injection site reactions
Patient privacy	Longer gaps between visits*

# XR-Naltrexone

Opioid antagonist, available as monthly extended-release injection

Pros	Cons
Blocks effects of opioid agonists	Less effect on cravings
Institutionalized persons often already “detoxed,” may not want OAT and physical dependence	Induction requires detox (~7-10 days opioid-free)
Monthly injection	<i>Much</i> lower retention than methadone or buprenorphine

No diversion concerns

Injection site reactions, cost

# A Note on Diversion

Diversion is mostly a concern for SL buprenorphine, but the extent is debated

- Qualitative studies suggest diversion is minimal and can largely be prevented (Evans et al. 2022; Evans et al. 2023).
- Non-prescribed buprenorphine use is common in CLS but may be higher in facilities where it is not prescribed (Gryczynski et al. 2021).
- Some qualitative evidence that buprenorphine prescribing in CLS can *reduce* diversion (Evans et al. 2022).

## **Minimizing diversion risk:**

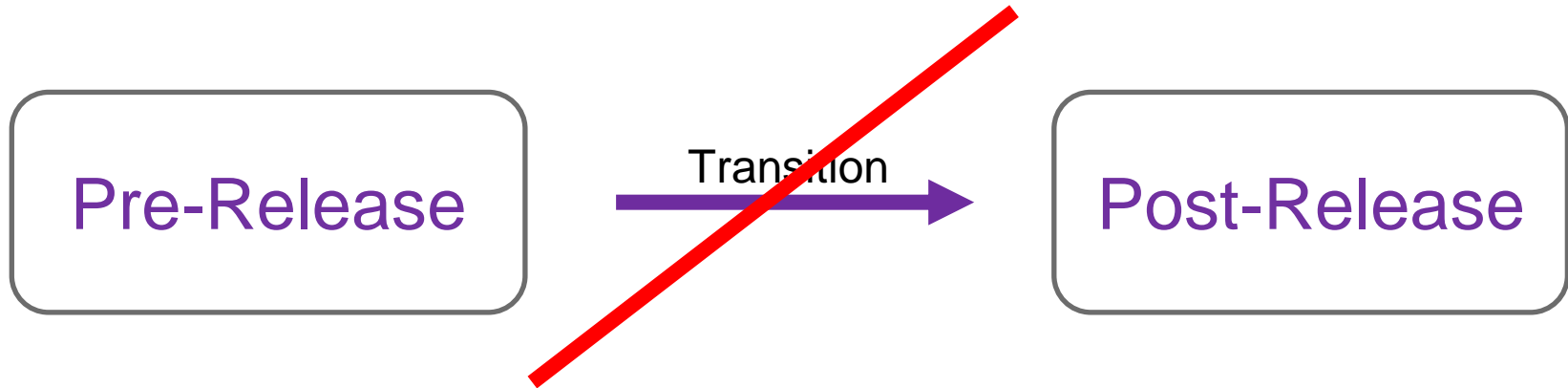
- Direct observation of SL methadone or buprenorphine administration (e.g., patients often instructed to sit on their hands)
- Fewer tables/films at a time
- Crushed tablets or films
- Consider monthly injections
- Staff training

# Which Medication?

- Choice of MOUD should be individualized; offering all three medications is considered best practice to meet patient needs
- Provide sufficient information to support patient decision-making
- XR formulations can be especially useful for transitions
- Proximity to OTPs as partners?
- Proximity to MOUD providers for community referrals?
- Formularies available within the facility?
- Reimbursement available (e.g., Medicaid waiver)?
- Health and correctional staff capacity?
- Facility infrastructure/resources?

*\*Any type or choice of MOUD will be much more effective vs. none*

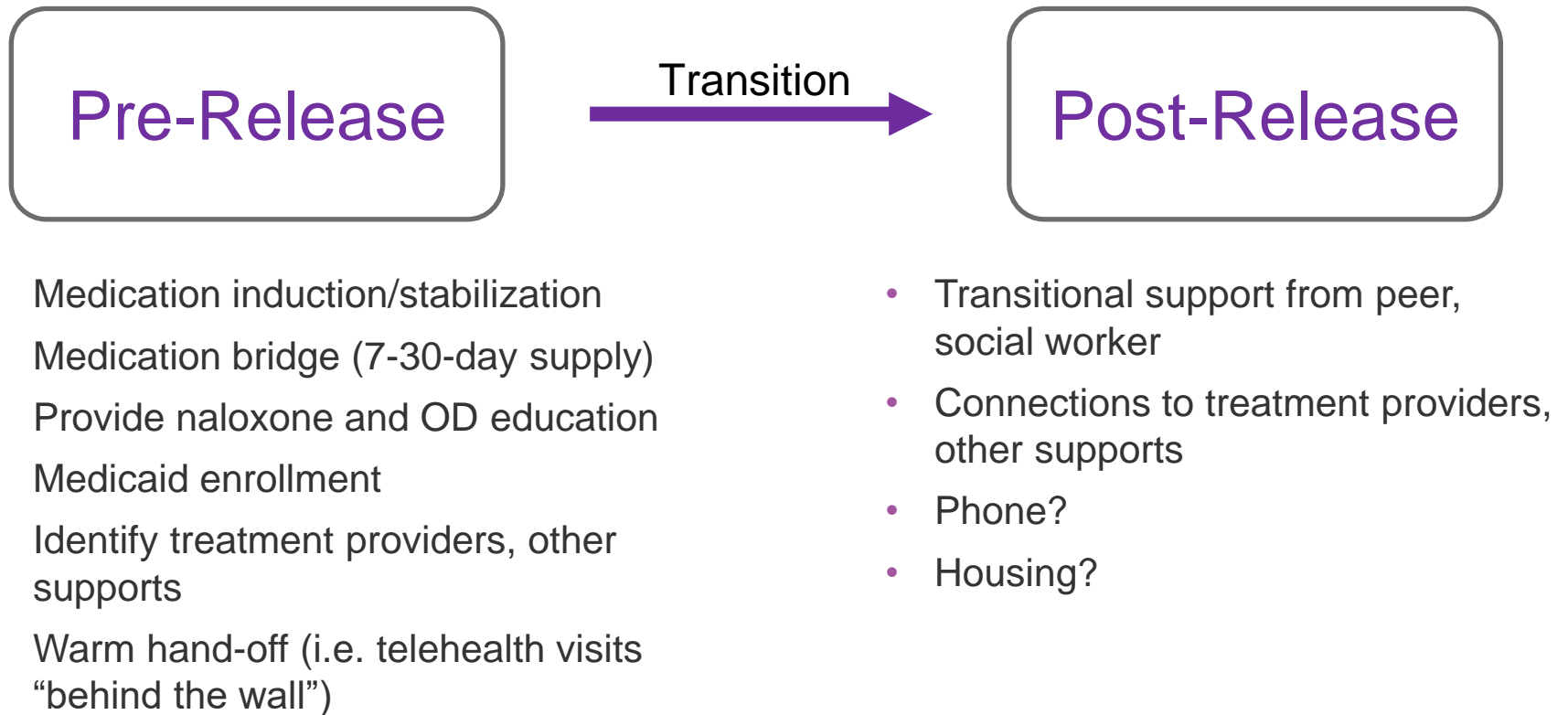
# Re-entry Challenges



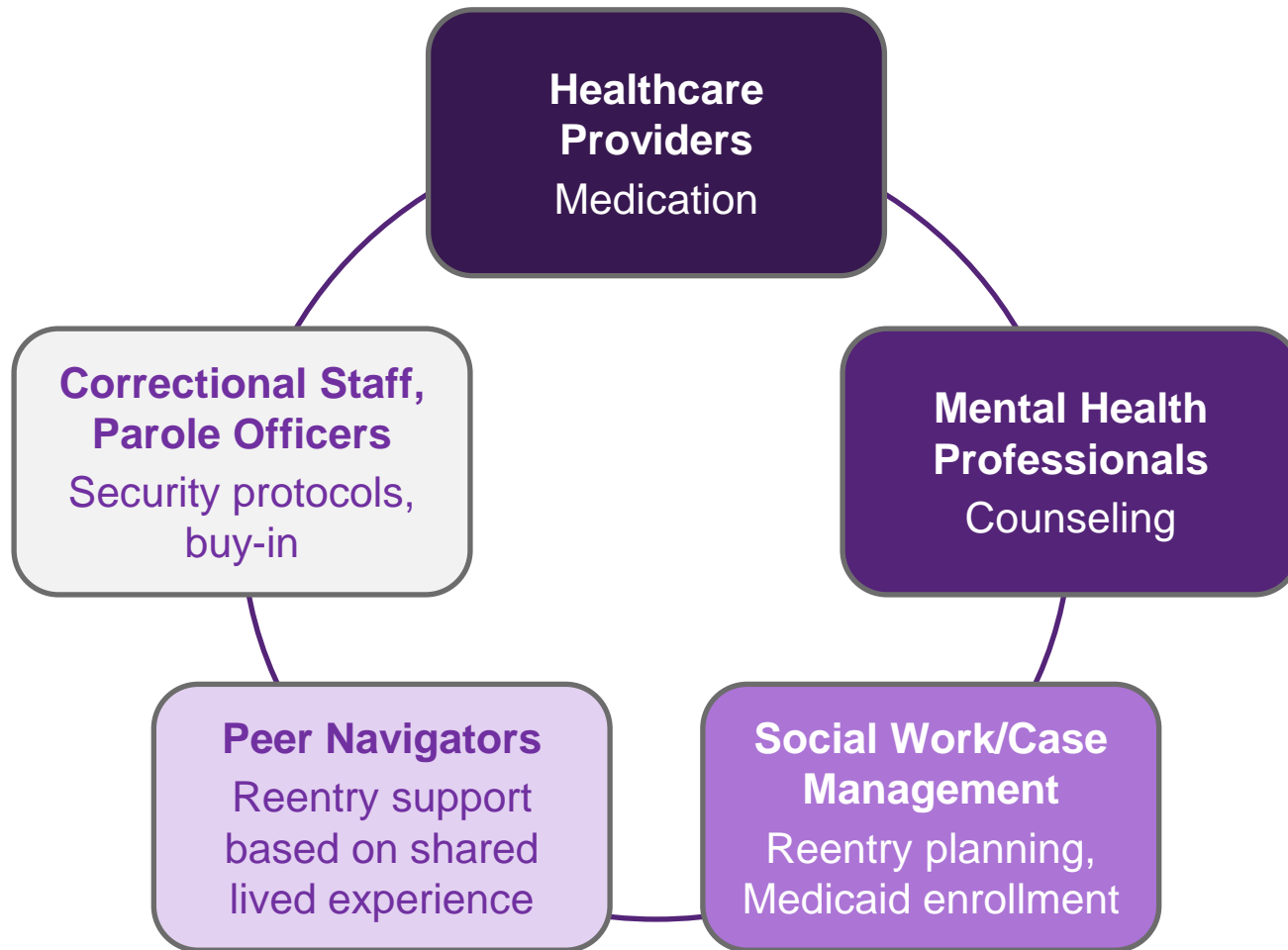
- Actual release date can be announced abruptly with no warning
- Even when care provided in corrections, disruptions are common after release.
- Medicaid Inmate Exclusion Policy -> Medicaid suspended/terminated while incarcerated (waivers in place in some states)
- Poor coordination of health services pre/post release
- Barriers to health care are common (e.g., housing, transportation)



# Re-entry Planning



# Team Approaches Work Best



# Implementation Steps Summary

1. **Screen Everyone:** Systematic OUD screening at intake.
2. **Maintain Current MOUD:** No forced tapers for those already on methadone/buprenorphine.
3. **Offer Induction:** For untreated detainees with OUD.
4. **Decide on Medication Type:** Consider patient preference, facility resources, reentry plans.
5. **Prepare for Release:** Warm handoff to community providers, bridging medication, naloxone, ideally with visits with community provider *pre-release*

## OUD Cascade of Care



# Summary and Key Takeaways

- Offering MOUD in CLS is a life-saving intervention
  - Increases post-release treatment engagement
  - Reduces substance use and overdose
- All 3 medications/MOUD modalities work
  - Emphasize patient choice
  - Consider institutional and environmental factors
- Continuity of care post-release is critical
  - Plan early
  - Coordinate thoroughly
  - Peers and case managers can help
- Team-based & whole-person approach
  - Involve interdisciplinary teams
  - Address OUD alongside social needs
- Legal and policy landscape supports expansion of MOUD in CLS
  - Great need for implementation strategies

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# PCSS-MOUD Mentoring Program

- PCSS-MOUD Mentor Program is designed to offer general information to clinicians about evidence-based clinical practices in prescribing medications for opioid use disorder.
- PCSS-MOUD Mentors are a national network of providers with expertise in **addictions, pain, and evidence-based treatment including medications for opioid use disorder (MOUD)**.
- 3-tiered approach allows every mentor/mentee relationship to be unique and catered to the specific needs of the mentee.
- No cost.

**For more information visit:**

**<https://pcssNOW.org/mentoring/>**



# PCSS-MOUD Discussion Forum

## Have a clinical question?

### Ask a Colleague

A simple and direct way to receive an answer related to medications for opioid use disorder. Designed to provide a prompt response to simple practice-related questions.

<http://pcss.invisionzone.com/register>

Addiction Policy Forum	American College of Emergency Physicians*
Addiction Technology Transfer Center*	American College of Medical Toxicology
African American Behavioral Health Center of Excellence	American Dental Association
All Rise	American Medical Association*
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American Academy of Family Physicians	American Osteopathic Academy of Addiction Medicine*
American Academy of Neurology	American Psychiatric Association*
American Academy of Pain Medicine	American Psychiatric Nurses Association*
American Academy of Pediatrics*	American Society for Pain Management Nursing
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American Association of Nurse Practitioners	Association for Multidisciplinary Education and Research in Substance Use and Addiction*
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Faces and Voices of Recovery	Physician Assistant Education Association
Mobilize Recovery	Project Lazarus
NAADAC Association for Addiction Professionals*	Public Health Foundation (TRAIN Learning Network)
National Alliance for HIV Education and Workforce Development	Sickle Cell Adult Provider Network
National Association of Community Health Centers	Society for Academic Emergency Medicine*
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