

Medication for Addiction Treatment Pathway



1 INITIAL SCREENING

- Phone or in-person interview with MAT staff



2 INTAKE INTERVIEW

- Nurse or provider will review the program requirements, conduct necessary physical exam, and ask for permission to communicate with others such as your pharmacist about your care
- Blood and urine tests, including a toxicology screen, will be conducted



3 FIRST TREATMENT DAY

- You must arrive at the clinic with your medication and you must be in the beginning stages of withdrawal
- Nurse or provider may ask you to complete an assessment of your withdrawal symptoms
- You take your first dose of medicine under the supervision of the nurse/provider
- You will stay in the clinic for observation for at least 1 hour, and the nurse/provider will determine whether you need a second dose
- The clinic staff will call you a few times throughout the day



4 SECOND TREATMENT DAY

- **YOU MUST CALL THE CLINIC** to check in and discuss your symptoms at least 1 time or as frequently as needed; your medication dose may be adjusted as needed



5 THIRD TREATMENT DAY

THROUGH THE FIRST WEEK

- First thing in the morning, you will take the same dose of medication that you took on day 2
- You must call the clinic 2 to 4 hours after you have taken your medicine to check in
- You must visit the clinic at least 1 time during this week, or more often as needed or required by nurse/provider



6 MEDICATION STABILIZATION

(PERIOD IS USUALLY 4 TO 6 WEEKS)

- You will visit the clinic at least 1 time per week until your medication dose is stable
- At each clinic visit you will be assessed to see if treatment is working, receive education and support, and take a drug test
- You may need to take the medication more than 1 time per day
- Your medications will be refilled as necessary



7 MAINTENANCE PHASE

- This phase begins when your medicine dose is stable and if your drug tests are negative and you have been attending clinic appointments and counseling
- You will visit the clinic every 2 to 4 weeks as requested by your nurse or provider
- At the clinic, you will take a drug test, have blood drawn for tests requested by your provider, review your treatment plan, and receive support and education
- The clinic staff will call you between visits to check in and provide more support as needed