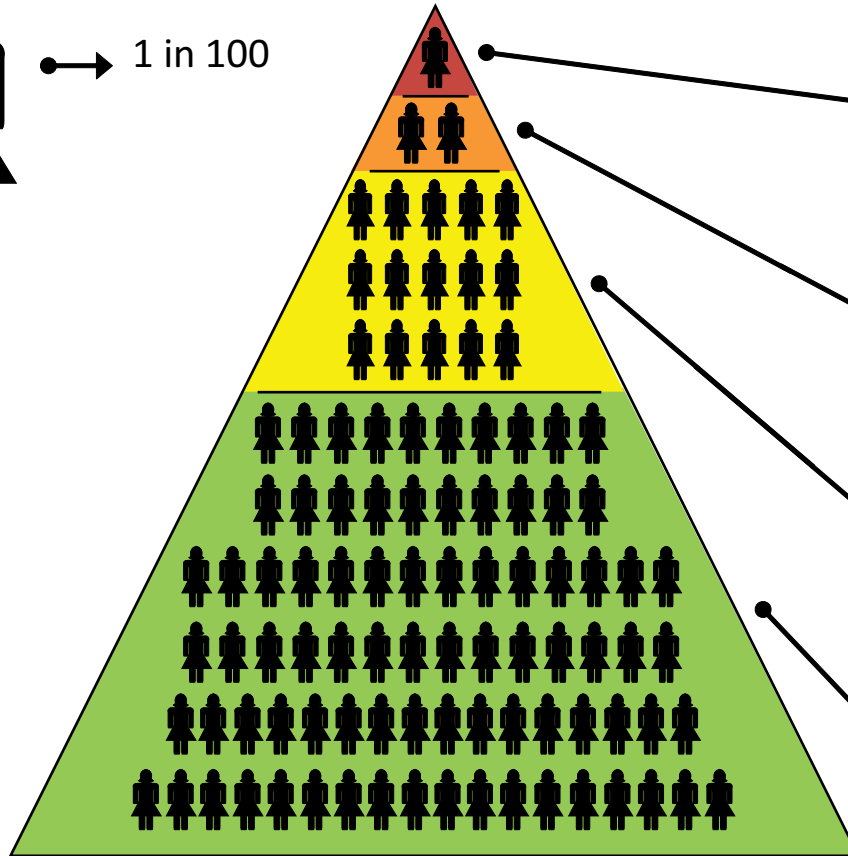


# How many others drink as much as you?



→ 1 in 100



## AUDIT-C Score (in points)

**Severe Risk : 8-12 points**  
Only 1 % drink in this range  
99 % drink less

**High Risk: 6-7 points**  
2 % drink at this level  
97 % drink less

**Moderate Risk : 3-5 points**  
15% drink at this level  
82% drink less

**Low Risk: 0-2 points**  
82 % drink in this range or  
do not drink at all

The **AUDIT-C** is a questionnaire given to thousands of VA patients. This triangle shows how your drinking compares to Female Veterans, age 30 and older.

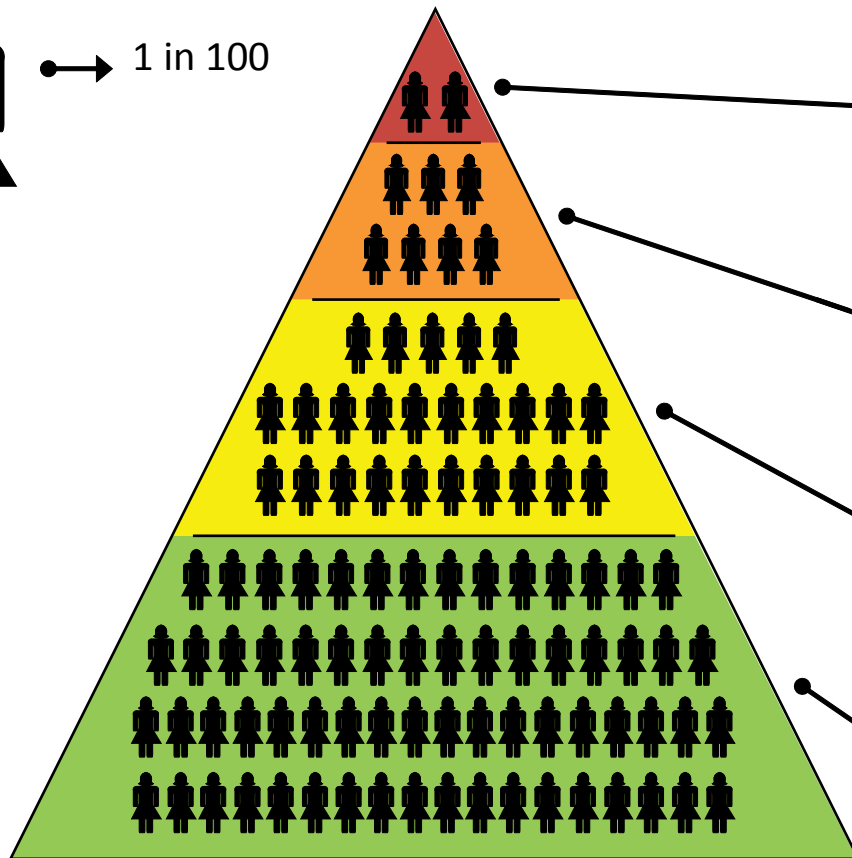
Women who score 3 or higher drink above recommended limits and are at increased risks for harm.

Source: Survey of Healthcare Experiences of Patients, 2008, VA Office of Quality and Performance

# How many others drink as much as you?



→ 1 in 100



## AUDIT-C Score (in points)

**Severe Risk : 8-12 points**  
Only 2% drink in this range  
98% drink less

**High Risk: 6-7 points**  
7 % drink in this range  
91% drink less

**Moderate Risk : 3-5 points**  
25 % drink in this range  
66% drink less

**Low Risk: 0-2 points**  
66 % drink in this range or  
do not drink at all

The **AUDIT-C** is a questionnaire given to thousands of VA patients. This triangle shows how your drinking compares to Female Veterans, age 29 or younger.

Women who score 3 or higher drink above recommended limits and are at increased risks for harm.

Source: Survey of Healthcare Experiences of Patients, 2008, VA Office of Quality and Performance